

Erasmus+/ International Credit Mobility SMS – Incoming Students' Mobility Evi Zafeiri, Admin. Officer

University of West Attica

- **3**rd biggest university in Greece with 55.700 undergraduate students, 5.500 postgraduate students and 460 PhD candidates.
- 27 Departments organized into 6 Schools
 - School of Public Health
 - School of Management, Economics and Social Sciences
 - School of Food Sciences
 - School of Health and Welfare Sciences
 - School of Applied Arts and Culture
 - School of Engineering

University of West Attica

3 campuses (Egaleo Park, Ancient Olive Grove, Athens)



Egaleo Park



Ancient Olive Grove (Erasmus+ ICM office)



Athens

MOBILITY DOCUMENTS

- 1) Copy of International Passport (remaining validity: 6 months)
- 2) Proof of English Language Level (B1/B2)
- 3) Invitation Letter for Visa issuance (issued after receiving your valid passport and after the submission of your LA signed by all parties)
- 4) Acceptance Letter (issued after the submission of your LA signed by all parties)
- 5) Application Form (AF) for Studies
- 6) Learning Agreement (LA) for Studies Before the Mobility
- 7) Participant's Bank Account Information
- 8) Private Health Insurance contract/Travel Insurance (usually the same for the visa application)
- 9) Grant Agreement (it is prepared after receiving the above docs, 1-8)
- 10) Issuance of the grant payment order (1st installment: the 70% of the total grant)
- 11) Travel Ticket Reservation at least for your arrival to Greece
- 12) Visa Validation (once ready)
- 13) LA During the Mobility (if applicable): you can change your study plan up to 1 month after the start of the semester
- 14) Certificate of Attendance (Arrival and Departure Certificate) \rightarrow issued on the final day of your mobility
- 15) Transcript of Records \rightarrow issued after I receive your marks, it will be sent to your university
- 16) Erasmus+ EU online survey: automated email 1 month before the end of your mobility
- 17) Erasmus+ EU recognition survey: you will only receive it based on the responses of the 1st online survey
- 18) Arrival and Departure Boarding Passes (from your country to Athens and vice versa)

Bank Account Information:

- name of the bank account holder (make sure to be the holder or co-holder of that account)
- IBAN, SWIFT CODE, Account Number, Bank Name and the intermediary banks, if applicable.

Health Insurance contract:

- Issued by your country
- Insurance period: for the whole Erasmus+ mobility period or your stay in Greece
- Coverage area: Greece and/or Schengen
- Covered Expenses: hospitalization, medical, pharmaceutical and repatriation expenses.
- Contract in English or a certificate in English

Travel ticket:

- Any transportation means
- Issued by the participant
- Send the ticket reservation
- Boarding passes are the proof of the trip YOU NEED TO SUBMIT THEM: if you lose them you will have to complete a declaration form.

<u>Grant – Funding</u>

Max. Funding: 4 months Min. Funding and Mobility period: 3 months Grant Breakdown: Personal Grant + Travel Grant = Total Grant Personal: 850€/month Travel: from 180€ - 1500€ (round trip) based on the distance from SI to RI

2 installments of the total grant: 70% (before the mobility) – 30% (after the mobility)*

<u>1st installment</u> after the submission of the mobility documents (n.1-8, see p.4) and the confirmation of the Grant Agreement

<u>2nd installment</u> will be given only if the participant passes at least 15 ECTS (credits)**, submits the EU survey and the boarding passes/declaration form.

*If you leave before the agreed mobility period (the one in the GA), the grant will be decreased accordingly per diem. The minimum eligible stay is 3 months. If you leave before completing the 90 days, you may have to refund the whole grant.

**ECTS may not be applicable to PhD students/PhD students \rightarrow they need to complete their project successfully.

EU ONLINE SURVEY – 1st

- It takes around 15-20 min. to complete it
- Multiple-choice questions regarding your mobility
- Mandatory to complete it if you don't complete it you will have to <u>return the whole</u> <u>grant!</u>
- Mandatory to complete it if you are a <u>zero-grant participant too!</u>
- Automated email from the European Commission (check spam/junk folders)
- It will be sent <u>1 month before the end of your mobility period</u> (you can check the last day of your mobility period on your Grant Agreement) – you have a deadline of 20 days to complete it
- If you don't receive it, you need to inform me to check it
- After you complete the survey, you save the file and you send it to me by email
- There is a question regarding the recognition of the courses/projects: if you respond that the courses haven't been recognized, you will receive after the end of your mobility (around 15-20 days after the end), a <u>2nd complementary EU survey</u> asking if the recognition has finished.

EU RECOGNITION SURVEY – 2nd

- If you receive it, it is mandatory to complete it
- Again after you complete the survey, you save the file and you send it to me by email.

REGISTRATION

- Upon arrival, you will have to register at the Secretariat of your Receiving Department
- After the registration you will receive your UniWA credentials (email account, username, password) → access to the university's online services

ACADEMIC/ STUDENT ID CARD ("paso") \rightarrow see next page for guidelines

- After you receive your username and password and activate your account, you can apply for an Academic ID: <u>https://submit-academicid.minedu.gov.gr/</u>
- Student discounts (tickets, transportation, museums, etc.) for up to <u>25 years old students</u>

UNIVERSITY'S RESTAURANTS

Erasmus+ students have 3 free meals/day, 7days in the university's restaurants (campuses 1 or 2 & city center)

ACADEMIC/ STUDENT ID CARD ("paso")

- In order to apply for an Academic ID you need to have a Greek mobile number/SIM card
- After you receive your username and password from NOC Networks Operations Center UniWA (noreply email) and activate your account, you can apply for an Academic ID: <u>https://submit-academicid.minedu.gov.gr/</u>
- Sign up/login as an <u>undergraduate</u> student
- Use your UniWA username and password. You can find UniWA as: ΠΑΝΕΠΙΣΤΗΜΙΟ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ (Πανεπισττήμιο Δυτικής Αττικής)
- IMPORTANT: There is a point where it requires to enter your AMKA (Social Security Number for Greek citizens). Since you don't have an AMKA, you need to leave it blank, refresh the page and click the box: I don't have an AMKA and continue with your application
- Check the box that you are an <u>Erasmus+ student</u>
- Once the card is ready they will send you a notification in your Greek mobile number and in your email to go and pick it up from the distribution point you have selected.

ERASMUS STUDENTS NETWORK (ESN) WEST ATTICA

- Non-Profit international student organization, consisted of volunteer students from UniWA
- Mission: represent international students and provide opportunities for cultural understanding and self-development.
- Motto: Students helping students!
- **"Buddy" system:** an international student is being matched with a native student, who helps you with life in the university and in your new city.
- Organizing networking and cultural events, trips, excursions, etc.
- ESN card: valid for 1 year (issuance fee) with special discounts (cafes, restaurants, mobile providers, airline companies etc.) ~10€

FB: https://www.facebook.com/esnwestattica/

IG: @esn_west_attica

Web: https://westattica.esngreece.gr/

LIFE IN ATHENS

ACCOMMODATION

- UniWA doesn't have student dormitories
- Useful links for finding an apartment:
 - <u>https://stayinathens.com/</u>
 - https://www.airbnb.com/
 - https://www.booking.com/
 - https://www.facebook.com/pg/rigaferaiouexchange/photos/
 - https://www.facebook.com/pg/Studentflatsharell/photos/

Average Price per month for a shared apartment (incl. electricity, water, Internet): 290-550€ depending on the availability, area, personal preferences etc.

University's Location & Maps \rightarrow EGALEO (Blue Metro Line)

https://www.uniwa.gr/en/contact-and-maps/

Campus 1 – Egaleo Park: 28 Agiou Spyridonos Str., Egaleo 12243

Campus 2 – Ancient Olive Grove: 250 Thivon & P. Ralli Str, Egaleo, 12241

Erasmus+ ICM office: 250 Thivon & P. Ralli Str, Egaleo, 12241 (see map here)

Areas to stay: Gazi, Psyri, Exarchia, Monastiraki, Koukaki, Petralona, Kallithea, Plaka, Kipseli etc. (areas around the city center)

MUST VISIT – THINGS TO DO IN ATHENS

- The Parthenon
- The Acropolis & The Acropolis Museum
- Theatre of Dionysos & Odeion of Herodes Atticus
- Panathenaic Stadium/Kallimarmaro
- Plaka & Monastiraki Area
- National Gallery of Athens
- Stavros Niarchos Foundation Cultural Center
- The Ellinikon Experience Park

FOOD & SHOPPING

- Average Price per meal: 7 15 € (depends on personal preferences)
- Local delicacies: Greek salad ("horiatiki"), Souvlaki/Gyros, Pastitsio, Mousakas, Loukoumades

SHOPPING

- Ermou Street: main shopping street in downtown Athens
- Shopping Centers: Attica Department Stores, The Mall Athens, Athens Metro Mall, Golden Hall, Factory Outlets, McArthur Glen & Smart Park etc.
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TRANSPORTATION

- The Athens public transport system is affordable, reliable and covers most of the city and suburbs
- You can use all means of public transport using the same ticket
- Half-price is available for students (Greek Student ID required)
- <u>https://www.athenstransport.com/english/tickets/</u>

CURRENCY

- Greece is a Member-State of the European Union and uses its uniform currency the Euro (€). All major credit cards are widely accepted in Greece, though some establishments do not accept American Express and Diners.
- You can find ATMs all around the city that can withdraw cash from your accounts at home, but they will charge you €2-3 per transaction.

PHONE SERVICES – GREEK MOBILE PROVIDERS

- The country code for Greece is +30 (0030)
- Three mobile phone operators currently in Greece: Cosmote, Vodafone and Wind
- The best option for visitors is to purchase a SIM-card from one of the mobile phone operators.

<u>Useful Links</u>

Erasmus+ UniWA: https://erasmus.uniwa.gr/en/homepage/

InstaGram: @erasmus.uniwa

Erasmus+ ICM – Students (SMS): <u>https://erasmus.uniwa.gr/en/erasmus-icm/students/</u>

Visa and Residence Permit Guide: <u>https://erasmus.uniwa.gr/en/erasmus/visa-info/</u>

(+ always contact the respective consular office early enough for detailed and additional info – very long process)

Other student services: https://erasmus.uniwa.gr/en/erasmus/student-services/

Erasmus+ Contact Info & Map: <u>https://erasmus.uniwa.gr/en/contact/</u>

Erasmus+ Students Network (ESN West Attica): <u>https://westattica.esngreece.gr/</u>

Contact Person: Evi Zafeiri; ezafiri@uniwa.gr

THANK YOU!

Follow us on IG:@erasmus.uniwa