

4th International Staff Week – programme 8-12 May 2023 in Poznan, Poland

Monday, 8th May, 2023

Arrival of participants

Tuesday, 9th May, 2023 - room 023/24 - didactic building (level -1)

- **8.30 9.00** registration
- **9.00 9.15** Opening ceremony (*Dr Krystian Wochna, Vice-Dean of Faculty of Health Sciences*)
- 9.15 10.15 inauguration lecture about Poznań/Poland (Mrs. Katarzyna Tymek)
- **10.15 11.15** the AWF campus sightseeing (*Mr. Szymon Rakowski*)
- 11.15 11.30 Coffee break
- 11.30 13.00 workshop cross-culture communication (Prof. Karolina Buczkowska-Gołąbek)
- 13.30 14.30 lunch in "Wiejskie Jadło" Stary Rynek 77 /wejście od, Franciszkańska
- 14.30 16.30 "The Royal-Imperial Route" sightseeing (city event)

Wednesday, 10th May, 2023

09.00–12.00 - Meetings with Polish students, staff and representatives of faculties -1^{st} part **12.00 – 12.30** Lunch break

12.00 –**14.30** - Meetings with Polish students, staff and representatives of faculties -2^{nd} part Schedule of classes will be sent in a separate message

14.45 meeting point at main hall in didactic building

15.30 – 16.30 - Poznan Croissant Museum and Experience

We invite you to see our original shows which reveal the secrets of Saint Martin Croissants and other Poznan's prides. Let's meet in a beautiful, renaissance tenement house right opposite the Town Hall. The shows are presented LIVE by the locals and prices include croissant tasting!





17.15 – 18.15 – AWF Folk dance meeting (club TROPS)



Thursday, 11th May, 2023

09.00–12.00 - Meetings with Polish students, staff and representatives of faculties -1^{st} part **12.00 – 12.30** Lunch break

12.00–14.30 - Meetings with Polish students, staff and representatives of faculties -2^{nd} part Schedule of classes will be sent in a separate message

14.45 meeting point at main hall in didactic building

15.00 – 16.30 - Polish liquors with history (Hotel Kolegiacki, Plac Kolegiacki 5)

"Nalewka" is a type of alcoholic drink deeply rooted in Polish history. The drink doesn't even have a direct translation into English – the closest being "a cordial". It is similar to vodka, but it is not produced through alcohol distillation. Usually home-made, it is made from spirits that is poured over fruits, herbs, honey, flowers, nuts, roots or even porter beer! This abundance of recipes originates from Polish noble tradition, according to which each decent family produced their own nalewkas for medical purposes and passed proven recipes from generation to generation. It is this abundance of flavours and deeply-rooted tradition that we present during this event. You're are going to become a nalewka contest judge – a trained expert who scores the cordials on different counts: colour, smell, taste, alcohol content. Of course we won't tell you the what the main ingredient is – you will have to use all of your senses to figure it out. Yet, there is a tasty and colourful prize waiting for the best judges with the most acute senses.



17.00 – 18.00 The Enigma Cipher Centre (Święty Marcin 78)

The Enigma Cipher Centre is an extraordinary place -a unique exhibition which engages visitors and presents the story of the breaking of the Enigma code and the ways of encrypting messages developed over the centuries. It is mystery and adventure in one. An open mind and the willingness to test oneself by solving cipher mysteries are important to us. Our visitors will face an intellectual challenge prepared for them at an innovative, multimedia exhibition. It will be an engaging introduction to the tale about the events that changed the course of the Second World War and paved the way for the digital world we live in.

Friday, 12th May, 2023

9.00 – meeting point in a main hall at the didactic building

9.30-12.00 - Trip to the Palm Hous and Wilsons Park

The Poznań Palm House is one of the oldest gardens of this type in Europe. Its unique collection include 17 thousand plants of 1100 species. The Poznań Palm House is the first public aquarium in Poland was established in 1910. Nowadays the aquarium expositions take 37 reservoirs of 1000 to 14000 litres capacity as well as 100 reservoirs for breeding and reproducing located at the background. You can see 170 fish species from all over the world and around 40 water plant species. The Park consists of two parts – the northern and southern ones. The southern, with ponds, artificial hills and alpinarium keeps the English style, imitating the wild nature whereas the northern one which is next to The very Palm House, presents the French style – geometrical patterns of paths and plants. The Wilson Park is an area full of trees. Up to 1925 it played a role of the Municipal Botanic Garden

